



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10:00 Crafting with Alisha (Craft Rm)
1:30 Pictionary (CR)
 11:15 **Group Exercise** (CR)
3:00 Live Music: Mary Franz
 2:00 **Coffee & Cookies** (Bistro)
 6:30 **Hand & Foot Card Game** (SkyLounge)

9:30 Surprise Seasonal Movie (Theater) **2**
9:55 Shopping Outing: Aldi
10:00 Dance Exercise with Lori (CR)
2pm Tenant Culinary Meeting(CR)
 3:00 **Dime Bingo** (CR)
 6:30 **Card Game: 500** (SkyLounge)
 6:30 **Resident led Poker** (2nd floor)

9:00 Workout with Alisha (Gym) **3**
10:30 St. John The Baptist Catholic Communion Service (Cr)
 1:00 **Hand & Foot Card Game** (SkyLounge)
 1:30 **Hand Massages with Aromatherapy**(CR)
 3:00 **Cooking it up with Alisha "All About potato salad"** (Theater)
 2:00 **Coffee & Cookies** (Bistro)
 3:00 **Tai Chi Exercise Class** (CR)
 6:30 **Resident-Led Euchre Game** (Bistro)

10:00 Men's Coffee (Bistro) **4**
10:00 Manicures (SkyLounge)
 11:15 **Group Exercise** (CR)
 1:30 **Cornhole** (CR Balcony)
 3:00 **Happy Hour** (Bistro)
 2:00 **Coffee & Cookies** (Bistro)
 6:30 **Resident-Led Dominos**

10:00 Bible Study (CR) **5**
1:30 "Sorry! What? Game" (CR)
 2:00 **Coffee & Cookies** (Bistro)
 3:00 **Chinese Mahjong** (Sky Lounge)
 3:00 **Movie Matinee: "And So It Goes"** (Theater)
 3:00 **Resident led 500** (Bistro)
 6:30 **Kings Corner** (Bistro)

10:00 Strength and Balance Exercise Class (CR) **6**
 1:00 **Hand & Foot Card Game** (Sky Lounge)
 2:00 **Coffee & Cookies** (Bistro)
 6:30 **Resident-Led Yahtzee Game** (Bistro)

1:25 Sunday Matinee: "Remarkably Bright Creatures" (Theater) **7**
 2:00 **Coffee & Cookies** (Bistro)



10:00 Crafting with Alisha, Bring your own Craft (Craft Rm) **8**
 11:15 **Group Exercise** (CR)
1:30 Live Music: Tomas Majoros
 2:00 **Coffee & Cookies** (Bistro)
 3:00 **Scattogories** (CR)
 6:30 **Hand & Foot Card Game** (SkyLounge)

9:30 Surprise Seasonal Movie (Theater) **9**
9:55: Shopping Outing: Walmart
10:00 Dance Exercise with Lori (CR)
 1:30 **Book Club** (SkyLounge)
 2:00 **Coffee & Cookies**
 3:00 **Dime Bingo** (CR)
 6:30 **Resident led Poker** (2nd floor)
 6:30 **Card Game: 500** (SkyLounge)

9:00 Workout with Alisha (Gym) **10**
10:30 4th of July Craft (Craft Room)
 1:00 **Hand & Foot Card** (Sky Lounge)
 2:00 **Coffee & Cookies** (Bistro)
 2:00 **Cooking It up with Alisha** (Bring Potato salad to pass)
 3:00 **Tai Chi Exercise Class** (CR)
 6:30 **Resident-Led Dominoes** (Bistro)
6:30 Family Council Meeting (Sky Lounge)

10am Blood Pressure Checks (Nurses Office) **11**
10:00 All Tenant Council (CR)
 11:15 **Group Exercise** (CR)
 1:30 **Family Feud** (CR)
 2:00 **Coffee & Cookies** (Bistro)
 3:00 **Happy Hour** (Bistro)
 6:30 **Resident-Led Cribbage** (Bistro)

10:00 Bible Study (CR) **12**
11:30 Lunch Outing: Porter Creek Hardwood Grill
2:00 "Sorry! What? Game" (CR)
 2:00 **Coffee & Cookies** (Bistro)
 3:00 **Movie Matinee: "Catch and Release"**
 3:00 **Card Game: Chinese Mahjong** (Sky Lounge)
 3:00 **Resident Led 500** (Bistro)

10:00 Strength and Balance Exercise Class (CR) **13**
 1:00 **Hand & Foot Card Game** (Sky Lounge)
 2:00 **Coffee & Cookies** (Bistro)
 6:30 **Resident-Led Yahtzee Game** (Bistro)

1:25 Sunday Matinee: "Unbroken" (Theater) **14**
 2:00 **Coffee & Cookies** (Bistro)



9:00am Hand Massages with Aromatherapy (Sky Lounge) **15**
10:00 Ecumenical Worship Service (CR)
 11:15 **Group Exercise** (CR)
 1:30pm **Pictionary** (CR)
 2:00 (Coffee and Cookies)
3:00 Live Music: Jill Birkenbaw
 6:30 **Hand & Foot Card Game** (SkyLounge)

9:30 Surprise Seasonal Movie (Theater) **16**
9:55: Shopping Outing: Target
10:00 Dance Exercise with Lori (CR)
 2:00 **Coffee & Cookies**
 3:00 **Dime Bingo** (CR)
 6:30 **Resident led Poker** (2nd floor)
 6:30 **Card Game: 500** (SkyLounge)

8:00 Made to Order Breakfast (Dining Room) **17**
10:30 Stonebridge and Communion
1:30 Popsicle Social (Bistro)
 1:00 **Hand & Foot Card Game** (Sky Lounge)
 2:00 **Coffee & Cookies** (Bistro)
3:00 Dementia Support -Sky Lounge
 3:00 **Tai Chi Exercise Class** (CR)
 6:30 **Resident Led Euchre** (Bistro)

9:30 Veterans Café (Bistro) **18**
10:00 Ladies Tea Time Trivia (Sky Lounge)
11:30 Picnic at the park
 11:15 **Group Exercise** (CR)
 2:00 **Coffee & Cookies** (Bistro)
 3:00 **Happy Hour** (Bistro)
 6:30 **Resident-Led Dominos** (Bistro)

10:00 Bible Study (CR) **19**
 2:00 **Coffee & Cookies** (Bistro)
 3:00 **Movie Matinee: "The Six Triple Eight"** (Theater)
 3:00 **Card Game: 500** (Bistro)
 3:00 **Chinese Mahjong** (Sky Lounge)
 3:10 **"Sorry! What? Game"** (CR)
 6:30 **Kings Corner** (Bistro)



10:00 Strength and Balance Exercise Class (CR) **20**
 1:00 **Hand & Foot Card Game** (Sky Lounge)
 2:00 **Coffee & Cookies** (Bistro)
 6:30 **Resident-Led Yahtzee Game** (Bistro)

1:25 Sunday Matinee: "Tower Heist" (Theater) **21**
 2:00 **Coffee & Cookies** (Bistro)



9:00am Hand Massages with Aromatherapy (Sky Lounge) **22**
10:00 Crafting with Alisha (Craft Room)
 11:15 **Group Exercise** (CR)
 1:30pm **Scattogories** (CR)
 2:00 (Coffee and Cookies)
3:00 Live Music: Ross McLeod
 6:30 **Hand & Foot Card Game** (SkyLounge)

9:30 Surprise Seasonal Movie (Theater) **23**
9:55: Shopping Outing: TJ Maxx/Homegoods
10:00 Dance Exercise with Lori (CR)
2:00 Bogie Therapy Dog (Library)
 2:00 **Coffee & Cookies**
 3:00 **Dime Bingo** (CR)
 6:30 **Card Game: 500** (SkyLounge)
 6:30 **Resident led Poker** (2nd floor)

9:00 Workout with Alisha (Gym) **24**
12:00 Complimentary Tenant BBQ
 1:00 **Hand & Foot Card Game** (SkyLounge)
 2:00 **Coffee & Cookies** (Bistro)
3pm Presentation: Retain Your Brain (CR)
 3:00 **Tai Chi Exercise Class** (CR)
 6:30 **Resident Led Dominos** (Bistro)

10:00 Men's Coffee (Bistro) **25**
10:00 Manicures (SkyLounge)
 11:15 **Group Exercise** (CR)
 1:30 **Family Feud** (CR)
 2:00 **Coffee & Cookies** (Bistro)
3:00 Birthday Happy Hour with Dale Marrell (CR)
 6:30 **Resident-Led Cribbage** (Bistro)

10:00 Bible Study (CR) **26**
1:30 "Sorry! What? Game" (CR)
 2:00 **Coffee & Cookies** (Bistro)
 3:00 **Movie Matinee: "NYAD"**
 3:00 **Card Game: Chinese Mahjong** (Sky Lounge)
 3:00 **Resident Led 500** (Bistro)

10:00 Strength and Balance Exercise Class (CR) **27**
 1:00 **Hand & Foot Card Game** (Sky Lounge)
 2:00 **Coffee & Cookies** (Bistro)
 6:30 **Resident-Led Yahtzee Game** (Bistro)

1:25 Sunday Matinee: "Red Notice" (Theater) **28**
 2:00 **Coffee & Cookies** (Bistro)



10:00 Crafting with Alisha (Craft Rm) **29**
 11:15 **Group Exercise** (CR)
 1:30pm **Pictionary** (CR)
 2:00 (Coffee and Cookies)
3:00 Live Music: Mark & Lisa Flora
 6:30 **Hand & Foot Card Game** (SkyLounge)

9:30 Surprise Seasonal Movie (Theater) **30**
9:55: Shopping Outing: Dollar Tree
10:00 Dance Exercise with Lori (CR)
 2:00 **Coffee & Cookies**
 3:00 **Dime Bingo** (CR)
 6:30 **Card Game: 500** (SkyLounge)
 6:30 **Resident led Poker** (2nd floor)

June 2026

The Meadows Senior Living

For any questions or suggestions, please contact Alisha Garrett, Activity Director: 952-204-1488 ***Any Items in Red and Highlighted must be signed up for ***See Dailies for any updates